

# Castle repels health scare

By RESHNI RATNAM

PADDINGTON skin cancer survivor Tara Castle's diagnosis came as a complete shock.

Having watched her father's successful battle against melanoma, Ms Castle had always been aware of the need to protect her skin from the sun.

So a diagnosis in 2005 aged 29 of basal cell carcinoma – skin cancer – took her by surprise.

"I was never a sun worshipper," she said.

"My father survived a very serious melanoma, so skin cancer prevention is something I'm particularly passionate about.

"Now that I've got a newborn baby, I value even more the work of the Cancer Council in preventing skin cancer," Ms Castle said.

She urged people to give generously on Daffodil Day to fund Cancer Council Queensland's cancer research and give hope to other Queensland cancer patients.

Daffodil Day will be held on August 22 and through her online business, Pampered, 5 per cent of August sales will be donated to the Cancer Council Queensland.

Pampered is a pampering gift voucher service that sells vouchers for redemption at day spas, massage therapists, beauty and hair salons.

To raise money for the Cancer Council Queensland enter the code 'Daffodil' during August at [www.pampered.com.au](http://www.pampered.com.au).

■ Visit [www.daffodilday.com.au](http://www.daffodilday.com.au) or phone 1300 656 585.



■ Prized presence ... Tara Castle with son Harrison, 2.

Picture: Patria Jan